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Fall/Winter 2013

Volume 1, Issue 4

#### Welcome and Tansi:)

Huge thanks to Karen Hathaway (volunteer) and Samantha Chippeway (Youth and Family Support Program Coordinator) for compiling this newsletter and to the employees that contributed to this issue and that do their jobs with such dedication and enthusiasm. :) Makes it a fun place to work and be :)

Following the busy summer was an almost as busy Fall. Quite a few of our grants ended in the fall so with that comes final reporting and evaluation of the program. The youth are back in school so our after school programming is in full swing, along with bridging to Air Cadets and for the first time Girl Guides. Oskayak Culture Program is also continuing with weekly Powwow, jigging, Cree language and culture.

The Culture Days celebration in Sept. of Cree Language & Cree & Métis Culture was more successful then we had imagined. This was our first time in planning an event such as this and was so much fun we are already planning for next year!

We are very grateful for the Ministry of Education/Literacy Office —Literacy funding we received this past year to develop a community literacy plan. It provided the Oasis with the ability to deliver a variety of Literacy programs while contributing to some of the much needed administration and rent costs. We just received the Homelessness Initiative grant to provide funding for much needed upgrades and appliances and we are in the process of collecting applications for the upcoming Residential and Renovation Construction 12 week program that starts in March.

This next year is critical for the Oasis to find long term funding to keep the centre operating. The Oasis continues to be managed by the volunteer board of directors and the extra workload of the employees. Without this the centre would not be able to remain open. Please drop by or contact us anytime and see what we do here:) and also if you have some skills and knowledge that you would like to pass on we would welcome that:)

Tapwekichi—Joy Hanson—President—nipoasis1@sasktel.net



### **Nipawin Taxi**

Call or Text 306-862-8559

Extended hours days, evenings and weekends
Helping Build Community



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Significant events2	
Programs3	
Culture Days4	
Garden5	
Healing Circle5	
Child Nutrition Program6	
Girl Guides6	
Youth & Family Support 7	
Air Cadets7	
COPE8	
Workforce Development 8	
Regina Trip9	
Powwow & Jigging9	
Employees & Board10	
Funders, Donors11	
Mission & Vision 12	



#### Coming Events

December 8, 2:00—4:00 Oasis North East Country Music Christmas Concert at Evergreen Centre

December 19, 1:30—3:30 Nipawin Oasis Christmas Party

January 13, 10:00—noon Baby Day, facilitated by Samantha Chippeway, Youth and Family Support Program Co-ordinator and Rhonda Teichreb, Community Wellness Co-ordinator and Early Childhood Development Co-ordinator

Lunch & Learns TBA

#### SIGNIFICANT EVENTS SINCE SUMMER

FASD Lunch and Learn —with Youth Program Coordinator Tara Nord-marken

Nutrition Lunch and Learn—Kathleen Hang—KTHR Public Health Nutritionist

Community Based Organizations MSS Forum—Prince Albert Salvation Army Poverty Meetings—participating in Northeast Intersectoral Meetings—participating in

Oasis Culture Days —Celebrating Cree Language & Cree & Métis Culture Homelessness Initiative Grant—Application approved

Community Initiative Fund Community Grant—Application approved Community Vitality Grant—Application approved

Northern Lights CDC—Application approved

Elders and Youth Mentorship Culture Trip—to Regina and Moose Jaw Air Cadet—SaskCadet Camp—winter survival camp
Girl Guides—bridging 11 girls to Nipawin Girl Guides

Sask. Literacy Network Knowledge Exchange Conference — presentation in Saskatoon on Oasis Community Literacy Plan and the Women & Girls Exploring Trades Program

Safe Talk Training—at Nipawin Hospital—8 staff /volunteers trained Meetings and working with outside agencies—Community Wellness Coordinator & Early Childhood Development Facilitator, NESD Community Liasons, KTHR Primary Care Health Team, Outreach workers and supervisors. Final Reports for grants—submitted to CIF summer, CIF annual, Inspirit Foundation, Lakeland District for Sports, Culture & Recreation, Nexen Fund, SaskPower, Service Canada—summer student, Student Summer Works, SaskCulture—Culture Days Grant, Status of Women, Northern Lights Community Development Corporation,

Monthly Staff/Safety/Board Meetings and Policy/Procedures Learning— continued to hold the monthly meetings

Oasis Brochure—produced an Oasis brochure



# TAXI TRANSPORTATION LOCALLY OWNED AND OPERATED

Taxi number is 862-8559 Taxi Driver is James Allardice

Extended Hours days, evenings and weekends

By supporting the Oasis Taxi you support the community

#### 2013—2014 OASIS PROGRAMS

Mental Health Support Program - Cope Child Development and Nutrition Program Youth and Family Support Program Family Literacy Programs

Workforce Development & Employment Opportunities Program Oskayak (Youth) Girls & Women Exploring Trades Program Healing/Sharing Circle

Bridging Cultures Program—Inspirit Foundation

Women and Girls Beadwork Program

Cree Culture, Language and Literacy Program

Summer programs—Girl Power and Golf program

Weekly PowWow dancing and singing

Cree Language/Syllabics Course and Cradle Board making

Monthly Lunch and Learns









## NIPAWIN OASIS CELEBRATES CULTURE DAYS WITH CREE LANGUAGE & CREE & METIS CULTURE

Sept. 27 & 28 (both days same programming) over 300 in attendance held at the Oasis 9-10 Pipe Ceremony (1st day) and end of 2nd day

11 – 12 Teepee Raising and Teachings with Joseph Naytowhow 2<sup>nd</sup> day Elder sharing time

12 – 1 Traditional Feast (Moose, goose, bannock, salads, turkey, sausage, soup, pies, muffins, potatoes, vegetables the works) (several local women cooked this)

12 – 1 Métis Fiddle music, jigging, dancing, old time line/round dancing with Randy Isbister, Joseph Naytowhow

1-2 Powow dancing, Drumming, Singing, with Powwow dancers Alana Ross, dancers from Duck Lake, dancers and drummers from PA, Cumberland House

2-4 Red Earth History, Videos of Red Earth Culture Camps with Elders, Pemmican making, Moose tan hiding, with Carl Garvin, Elders Gerald Standing, Norman Head

Bonnet making, Beadwork, & Moss bags – Elders Reta Nawakayas, Ivy Nawakayas, Beatrice Head, Betsy Crane

Syllabics & Cree language – Elder Betsy Crane

Carvings and Cradle boards – Elder Henry Crane

Teepee teachings, Drumming and other teachings in the Teepee

#### Children's activities and games

4-5 Lunch

This was a first time for the Nipawin Oasis to host an open Cultural event for the community of this nature. This was very successful in so many ways. Sponsored by SaskCulture, Northern Lights Development Corp, and Red Earth Cree Nation.

- Bridged Communities/Changed attitudes
- Provided hope/ Utilized local resources
- Passed on knowledge, traditions and history
- Strengthened and gained partnerships
- Provided opportunities and many firsts for all









#### NIPAWIN OASIS COMMUNITY CENTRE CO-OPERATIVE GARDEN







In June , Brenda and John Kushniruk from Peesane volunteered to roto-til the patch of grass at the side of the Nipawin Oasis building and create a vegetable garden. They supplied the seed and plants and taught the youth and participants the correct way to plant a variety of vegetables.

The youth and participants also created flower gardens in various spots around the Oasis building. Over the long hot summer, volunteers watered and weeded the gardens.

The gardens not only added to the look of the building but also provided youth and family kitchens with some yummy fresh produce.

The participants and youth are looking forward to planting, weeding (not so much) and harvesting again next year.





#### HEALING/SHARING CIRCLE—DOUG WITHEROW & NOREEN MOORE

Attendance at the weekly Wednesday Healing/ Sharing Circle continues to grow as more people hear about the program. Elders from James Smith Cree Nation and the Marguerite Riel Centre attend the Healing Circle every second Wednesday. In November we had a particularly large turnout with Elders

from James Smith and a local Elder as well as some people from Cumberland House and Pelican Narrows who happened to be in town and dropped by to participate in the Healing Circle as well as our regular local participants.



#### CHILD NUTRITION & DEVELOPMENT PROGRAM — TARA NORDMARKEN

The Youth Kitchen Program is in full swing with numbers increasing each week! We are approaching the Christmas season and are working on a song for the Christmas Concert being held December 8, 2013 at the Nipawin Evergreen Centre. This concert

is proudly sponsored by the North East Country Music Association and Pineland Co-op.

We have some very exciting upcoming events that will be taking place over the next few months. One of the highlights is a trip back to the farm for some tobogganing and skinning lessons. Christmas parties are being planned for the youth during the week before Christmas. The youth are busy with powwow, learning traditional songs and dances and are enjoying it very much.

We want to take this time to wish everyone a Very Merry Christmas and a Happy New Year from the Youth Program Kitchen Staff!!!





#### GIRL GUIDES—TARA NORDMARKEN

This year the Nipawin Oasis Community Centre is bridging girls from Wagner School into the Nipawin Girl Guild program. We have had an excellent turnout with 9 girls enrolled.

The girls are picked up on Monday evening around 6:15 and dropped off at home around 8:30. The girls had their enrollment night which earned them a few badges! They have been super excited to be working on all the different badges in their Girl Guide Badge Book.

The girls are required to pay \$1.00 in dues every Monday to help with the cost of supplies. Once the uniforms and scarves are received the girls will be wearing their uniforms every Monday.

We had a bottle drive for the Girl Guides—this was a TOTAL success. We had the van packed with bottles and girls. Awesome job girls—keep up the good work!!!



#### YOUTH AND FAMILY SUPPORT PROGRAM—SAMANTHA CHIPPEWAY

This program coordinates and provides support, information and referrals to individuals and families to improve their quality of life. It aims to promote, maintain, and enhance the integrity of the family.

#### **Current Programs Offered**

Home Visiting/Parent Support

Drop-in Family Literacy

Family Kitchens and Family Support









#### AIR CADET WINTER SURVIVAL CAMP—JOY HANSON, LINDSAY BRITAIN

The thirteen youth who registered for Air Cadets are learning their drills and occasionally go to the gym to play team building games every Wednesday from 6:30—9:00pm.

On the weekend of November 22– 24, 2013 they attended a Winter Survival Camp. During this weekend they did activities such as skiing, fire-building, learned range skills and learned orientation skills. The cadets learned to cook bannock on a stick over an open fire. Their evenings were occupied by playing recreational activities such as pool, ping pong and board games.

The weekend concluded with a relay race.







#### MENTAL HEALTH SUPPORT-DOUG LOWE





The Mental Health Support Group (COPE) has had a busy summer and fall. In addition to the twice weekly meetings; the annual summer camp with the Prince Albert Group was a huge success. Everyone enjoyed their time at camp.

During the summer/autumn seasons, the COPE group had a number of cook-outs and outdoor activities at the Regional Park.

The Halloween party was a lot of fun for all attendees.

We are planning our annual Christmas Party with the Prince Albert Group.





## WORKFORCE DEVELOPMENT AND EMPLOYMENT PROGRAM — DOUG WITHEROW & DOUG LOWE

The Workforce Development and Employment Program had a slower than desirable summer/autumn work season. It is getting busier with the snow that has started to fall. There are new workers joining our program on a weekly basis.

We are fortunate that the Nipawin Oasis Community Centre was able to buy a good used snowblower. This will come in very handy as the winter snows continue.

We have reliable, dependable workers who are always looking for casual day work or part-time work.







#### YOUTH AND FLDERS REGINA/MOOSE JAW TRIP

What a fun November long weekend! 3 Elders from Red Earth Cree Nation, 5 girls in the Oasis Oskayak Culture Program, along with chaperones NESD FN& M consultant Sharon Meyer and Joy Hanson went to Regina and Moose Jaw to visit the Royal Saskatchewan Museum, Science Centre, IMAX Theatre, Moose Jaw Tunnels, Parliament Buildings, Mackenzie Art Gallery. The Elders also taught the girls Cree words as well as helped them with their shawls. We appreciate the funding received by Lakeland District for Sport, Culture & Recreation to make this excursion possible.















#### POWWOW DANCING/JIGGING —LINDSAY BRITTAIN

The children and youth in the kitchen program are learning some traditional powwow dances and jigging. They are also learning to sing a song in Cree and the basics of drumming. The children and youth are preparing shawls for an upcoming performance on December 8, 2013.

We had a guest powwow instructor here on October 21—23, 2013. Edwin Brittain explained the powwow regalia, showed videos of men and women dancing. He then gave a demonstration of powwow dancing. The children were very interested in what he had to say and the various parts of his regalia.









#### **EMPLOYEES**

Samantha Chippeway – Youth and Family Support Program Coordinator

Doug Lowe – Mental Health, Wellness and Employment Coordinator

Douglas Witherow – Workforce Development, Employment Coordinator and Métis Elder (part time) Stacie Simon – Accounts and Records Controller (part time)

Tara Nordmarken – Kitchen and Youth Program Coordinator (part time)

Noreen Moore — support worker (part time)

Lindsay Brittain—youth worker (part time)

Belinda Dussion – Beadwork Coordinator (part time)

Harriet Lathlin—Traditional Culture Coordinator (part time)

Phyllis/ Terry Snider – Historian and Janitorial Worker (part time)

James Allardice - Nipawin Oasis Taxi Coordinator

Support Staff - Cultural Advisors, Youth workers, odd jobs, building maintenance



President — Joy Hanson

Past President—Garry Schenstead

Vice President—Karen Hathaway

Treasurer— Chelsea Smits

Secretary—Diane Berge

Directors:

Myrtie Rempel

Arnold Schellenberg

Charlie McKay

Robert Whitecap

Ron Saretzky

Sharon LaFlamme—Meyer

Curent Advisory Committee:

Senator Philip Head (Red Earth and PAGC)

Ina Whitehead—Vice—Chief Red Earth

Carlton Bear—Vice Chief Shoal Lake

Jan Boughen—Kids First

Cliff Rose—Nipawin Rotary

Ron Nickel—Social Services

Terry Farden—Town of Nipawin

Lorna King—United Church







#### THANKYOU:) FUNDERS, PARTNERS AND DONORS 2013-2014































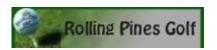








Marguerite Riel Centre Melfort





2013-2014 Funders and Donors since April 1, 2013 (in addition to above)

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Cumberland College













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#### Our Mission

We are a community resource co-operative centre that provides cultural, prevention, educational, and intervention programming, services, support and employment opportunities to the community of Nipawin and area in Northeast Saskatchewan.

#### Our Vision

Our Centre will be a place where people care, belong, and get involved. Our Vision is to be one of the leaders in building an inclusive, supportive, safe and healthy community.

Caring ,supportive, non-judgemental and respectful, using a

Holistic approach that promotes wellness and that provides

Opportunities and uses as its guides

Integrity which is accountability, transparency and responsible while valuing a

Community that works together and that is

**Effective** in meeting the needs of the community and provides

Security within a safe, respectful, and supportive environment

Our programming focus is on CRAFTS which also serves as a strong foundation for the cultural, personal and leadership development of the youth, individuals and families

C Caring and Culture

**R** Relationships

A Action

Food and Fun

Teamwork and Time

Safety and Security



Providing Opportunities for Positive Choices

