

WHAT MAKES AND KEEPS US HEALTHY?

Health is much more than feeling ill or well.

Health is a resource for everyday living. The daily choices you make all impact your health. Your health is influenced by many factors called determinants of health.

Determinants of Health



Diagram courtesy Five Hills Health Region

Primary Health Care includes:

- ◆ Providing services to individuals, families and communities through a team approach;
- ◆ A proactive approach to preventing health problems before they occur;
- ◆ The right provider at the right time;
- ◆ Improved follow-up once a condition has been identified

The Nipawin Primary Health Care Provider Team is a group of health care providers and community members working together to address identified wellness needs within the community.

HealthLine
1-877-800-0002

www.healthlineonline.ca



Brought to you by the Nipawin Primary Health Care Provider Team, in partnership with Kelsey Trail Health Region.



KELSEY TRAIL
HEALTH REGION

Nipawin Community Service Directory



**Bringing Our
Community Together**

Healthy People in Healthy Communities

CHILDCARE

Supporting the health and well-being of children.

Busy Bee Preschool Co-op.	862-9191
Nipawin Day Care	862-9826

COMMUNITY SERVICES

Providing the community with affordable public services and access.

Ambulance (Office)	862-2717
Bus Depot	862-4524
Career & Employment	862-1840
Chamber of Commerce	862-5252
Community Access Program	862-9866
-Free public internet access-	
Eastside L.I.M.B. Office	862-5558
-Local Indian Management Board-	
Handiworks	862-2270
Nipawin Taxi	862-8559
Oasis Community Centre	862-5551
RCMP (Office)	862-6270
Salvation Army Food Bank	862-5335
Tourist Information	862-5338
Welcome Wagon	862-4072

EDUCATION & LEARNING

Programs committed to establishing a foundation of life-long learning

Pre-Kindergarten Program	862-5303
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Schools

Central Park Elementary	862-5303
Cumberland College	862-9833
Gabriel Dumont Institute	862-5045
L.P. Miller Comprehensive	862-4671
North East School Division	1-888-752-5741
Nipawin Library	862-4867
Wagner School	862-5434

HEALTH & WELL-BEING

Emphasizing early intervention, health promotion, treatment and follow-up care.

Nipawin Hospital	862-4643
Community Services/Primary Health Care	862-9822

- Dietitians/Diabetes Educators
- Mental Health & Addiction Services
- Physical/Occupational Therapy
- Speech Language Therapy

Home Care	862-7250
Pineview Lodge (Long Term Care)	862-9828
Public Health Services	862-0761

- Public Health Nurses
- Public Health Inspector
- Dental Health Educator
- Early Childhood Psychologist

Telehealth Coordinator	862-7256
Autism Program	862-7249

Doctor's Offices

Nipawin Health Centre/Nurse Practitioner	862-3151
Nipawin Medical Group	862-4626
Harper Dental Clinic	862-9166
Oxford Dental Clinic	862-4515
Chiropractic Services	862-3129
Nipawin Vision Centre	862-3106

Help Lines

Drug Information Service for Consumers

1-800-665-3784

Kids Help Phone **1-800-668-6868**

Mental Health Consultation, P.A.

24 hr. Emergency Consultation **1-306-765-6216**

Northeast Crisis Centre 24 hr.

1-800-611-6349

Problem Gambling Helpline **1-800-306-6789**

Parents Helpline 24 hr. **1-888-603-9100**

FAMILY PROGRAMS

Building on family strengths and supporting all aspects of family life.

Collective Kitchens	862-5551
KidsFirst	862-6222
North East Early Childhood Intervention Program (NEECIP)	873-3411
Nipawin Nutrition for Kids	862-9790
Parent Mentoring Program	862-3820
Metis Nation Eastern Region II	1-877-264-9428

SPIRITUAL EDUCATION

Weekly worship services and spiritual education programs for all ages

Nipawin Ministerial Association	862-4342
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SPORTS, CULTURE & RECREATION

Year-round recreational opportunities for all.

Irene Manley Pool	862-4207
Nipawin Regional Park	862-3237
Town of Nipawin	862-9866
Nipawin KidSport (funding for youth sport)	
Handivan (contact Town of Nipawin for eligibility)	

Golf

Evergreen Golf Course	862-4811
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Rinks

Centennial Arena	862-3716
Curling Rink	862-9795
East Pleasantview	862-4313
Pinedale Outdoor Rink	862-2250

SOCIAL SUPPORTS

Providing support for the community.

Alcoholics Anonymous	862-5143
Nipawin Housing Authority	862-5003
Nipawin Métis Local	862-2670
Senior Citizen Centre	862-3913
Social Services	862-1700
Young Offenders (CPSP)	862-1850